

The Social Kitchen Allergen Menu 2024-25 (1)

In line with allergen labelling regulations, the following allergens have been considered: Barley, Celery, Egg, Fish, Gluten, Milk, Mustard, Nuts, and Soya.

If no allergens are listed for an item, it means the item does not contain any of these allergens. However, **please be aware that our food and drinks are prepared in areas where cross-contamination may occur, and our menu descriptions do not list all ingredients.**

If you have any questions, specific allergies or intolerances, or need further allergen information, please let us know before placing your order.

Light Bites

Cajun Fries (ve)

Cheesy Fries (v)

Cheese contains: Milk

Cheese & Bacon Fries

Cheese contains: Milk

Mexican Fries (v)

Mozzarella cheese contains: Milk

Guacamole contains: Milk

Sour cream contains: Milk

Pulled Cajun Chicken Fries

Doughballs (ve)

Pizza dough contains: Gluten

Cheese Stuffed Doughballs (v)

Pizza dough contains: Wheat (Gluten)

Mozzarella Sticks contains: Milk

Garlic Bread (ve)

Pizza dough contains: Wheat (Gluten)

Mac'n'Cheese (v)

Contains: Milk, Wheat (Gluten), Celery

Nachos (v)

Mozzarella cheese contains: Milk

Guacamole contains: Milk

Sour cream contains: Milk

Chicken Strips

Thai Chilli Chicken Strips

Buffalo Chicken Strips

Mozzarella cheese contains: Milk

Classic Caesar Salad (v)

Cesar dressing Contains: Milk, Egg

Croutons contains: Wheat (Gluten)

Pizza

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Margherita (v)

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Napoli (Ve)

Pizza dough contains: Wheat (Gluten)

Pesto (v)

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Pesto contains: Milk, nuts

Veggie Sizzler (v)

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Double Pepperoni

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Hawaiian

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Chicken Sizzler

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

Reggae Chicken

Pizza dough contains: Wheat (Gluten)

Mozzarella cheese contains: Milk

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Pasta

Pasta contains: Wheat (Gluten)

Gluten Free pasta available

Pesto Pasta (v)

Pesto contains: Milk, Nuts

Chicken & Bacon

White sauce contains: Wheat (Gluten), Milk

Chicken & Mushroom

White sauce contains: Wheat (Gluten), Milk

Top it like it's hot:

Jalapeños

Mushrooms

Sweetcorn

Spinach

Roast Peppers

Red Onion

Pineapple

Rocket

Grated Mozzarella/Cheddar Mix

contains: Milk

Vegan Cheese

Pulled Cajun Chicken

Jerk Chicken

Feta contains: Milk

Bacon

Pesto contains: Milk, nuts

Pepperoni (pork)

Quesadillas

Flour tortilla contains: Wheat (Gluten)

Gluten free multigrain tortilla available

The Chilli One

Mozzarella cheese contains: Milk

Sour cream contains: Milk

The Cajun One

Mozzarella cheese contains: Milk

Sour cream contains: Milk

The Jerked One

Mozzarella cheese contains: Milk

Sour cream contains: Milk

The Pesto One

Mozzarella cheese contains: Milk

Sour cream contains: Milk

Pesto contains: Milk, Nuts

The Vegan one

Mozzarella cheese contains: Milk

Oumph Kebab strips contains: Soya

Street Food

Chilli Cheese Fries

Cheese contains: Milk

Sour cream contains: Milk

Katsu Curry Box

Katsu sauce contains: soya, Wheat (gluten)

Vegan Chippy Box (ve)

Oumph Kebab strips contain: Soya

(v) Vegetarian (ve) vegan

All our chicken is British, red tractor and halal accredited.

All our Beef is halal accredited.

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